

SCRIPTURE ART WORKSHOP

An engaging Scripture Art Workshop was organized for the students of Grade IX at AECS Magnolia Maaruti Public School on **24th September 2025**. The session was conducted by Ms. Nilufar Ahmed, an accomplished artist and Brand Educator with Itsy Bitsy, who shared her expertise in creating embossed textures through innovative art techniques.

Ms. Nilufar began the session by introducing students to the process of preparing emboss material by mixing plaster of Paris (POP) with acrylic paints. She demonstrated the method of achieving textured effects using painting knives, ice-cream sticks, brushes, and even fingers as tools to produce raised patterns. Students learned how to blend shades, such as mixing blue and white to form lighter tones, and how to apply these on canvas to enhance depth and texture.

The artist emphasized that each artwork should represent the theme of “Viksit Bharat”, inspiring students to integrate creativity with national pride. Under her guidance, students worked in groups to create Indian-themed emboss paintings, featuring flowers, flags, and cultural motifs that celebrated India’s progress and identity.

The session was highly interactive and experiential, as students observed, practiced, and refined their techniques under Ms. Nilufar’s mentorship. It offered a perfect blend of artistic exploration, hands-on learning, and thematic expression, leaving students motivated to pursue art as a medium of thoughtful creativity and expression.



CAREER COUNSELLING SESSION – GUIDING STUDENTS TOWARDS INFORMED CHOICES

On **6th September 2025**, AECS Magnolia Maaruti Public School, Bengaluru, organized a Career Counselling Session for the students of Grade X. The session was conducted by Ms. Bhuvaneshwari Panchapakesan, a seasoned professional, inspiring mentor, and proud alumni parent.

Drawing from her diverse professional experience in software development, instructional design, project coordination, and program management, along with her strong background in mentoring, Ms. Bhuvaneshwari shared valuable insights on making informed career choices. She addressed challenges such as peer pressure, parental expectations, and lack of awareness, and emphasized the significance of knowing oneself through SWOT Analysis (Strengths, Weaknesses, Opportunities, Threats) before making career decisions.

She guided students to explore various career pathways, subject choices, and future opportunities, encouraging them to align decisions with their interests, goals, and personality traits. Her mentoring experience with initiatives like the Youth Ideathon and Change Maker Challenge further enriched the session, making it highly interactive and engaging.

✦ The session proved to be a guiding light, helping students gain clarity, confidence, and direction in shaping their future.



PARENTING SESSION – FROM STRUGGLES TO SUCCESS

AECS Magnolia Maaruti Public School, Bengaluru, on **6th September 2025**, organized a special parenting session, “From Struggles to Success: A Parent’s Story.”

Our distinguished speaker, Ms. Bhuvaneshwari Panchapakesan, an alumni parent, experienced professional, and mentor, shared valuable insights on parenting through her own parenting through her own life journey and professional wisdom.

She narrated the inspiring story of her son, who overcame challenges of restlessness and writing through patience, encouragement, and guidance, eventually transforming into a confident learner and emphasized how parents can help children bloom by listening actively, encouraging exploration, creating a learning-rich environment, celebrating effort, spending quality time, and modeling passion and growth.

Highlighting the importance of the “Great Triangle” of Teacher–Parent–Student partnership, she reinforced that education is a shared commitment where teachers guide, parents partner, and students remain at the center.

She also spoke about what truly helps children succeed—early identification, constant encouragement, nurturing strengths, creating a growth mindset, aligning with the school, and enabling positive peer groups.

In her words, teachers, mentors, parents, and peers are the real “angels in a child’s life”—building confidence, guiding ideas, motivating, and being there through every step.

✦✦ The session inspired parents to see parenting as a journey of love, patience, and growth, reminding them that struggles can be transformed into stepping stones for success.



Oral Health = Overall Health!

On **15th July 2025**, an awareness session on “Oral Health for a Healthy Life” was conducted for Grade 8 students. The session was led by Dr. Vanishree, Professor at AECS Maaruti College of Dental Sciences and Research Centre, and proud parent of our Grade 8 student Mugdha Uma Shankar.

From proper brushing techniques to understanding the role of teeth in digestion, students received valuable guidance on maintaining good oral hygiene and its impact on overall well-being. The session was engaging, informative, and left students more motivated to care for their health.



International Day of Yoga 2025 Celebrations

AECS Magnolia Maaruti Public School, Bengaluru marked the International Day of Yoga with a vibrant week-long celebration filled with activities promoting health, mindfulness, and holistic well-being. Students enthusiastically participated in yoga sessions, awareness seminars, creative reflections, and national-level initiatives.

A special on-campus yoga session was conducted by certified parent volunteers from YogaBharati - Mr. Ravindra Gaikwad, Ms. Shilpa, and Ms. Sheshapriya Venkat on **19th June 2025**, who guided students and staff members through rhythmic exercises, asanas, and discussions on the benefits of yoga for focus, balance, and inner calm.

We express our heartfelt thanks to Yoga Bharati. We also appreciate the enthusiastic participation of all students, staff, and faculty members in making this celebration meaningful.

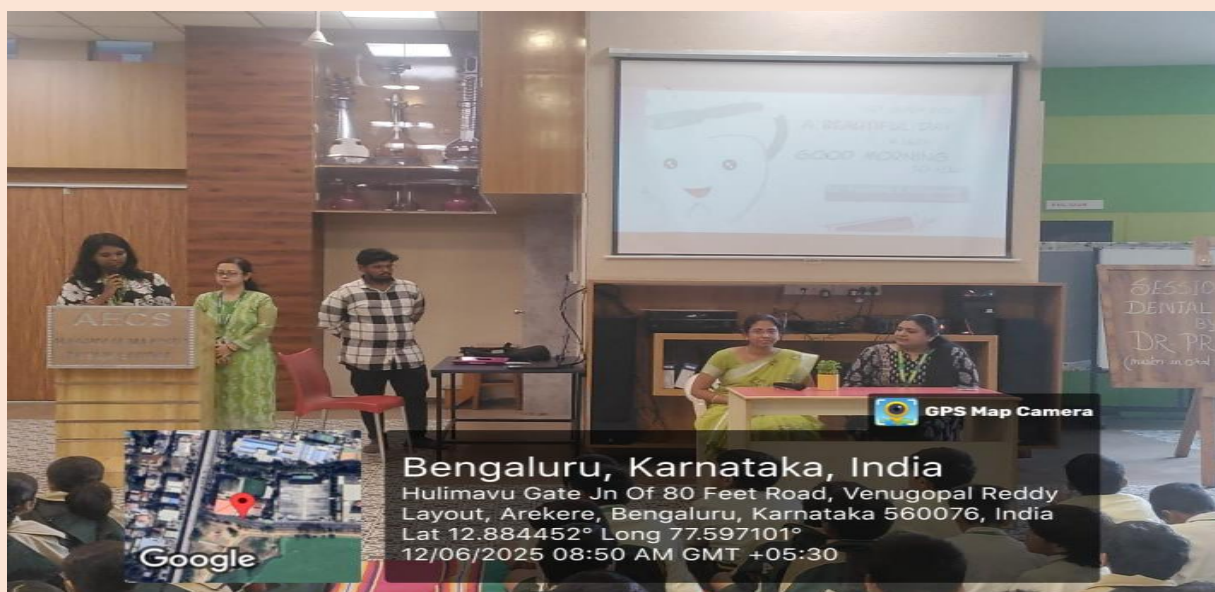
A glimpse of the celebrations –



"Healthy Teeth, Happy Kids: An Interactive Dental Session"

A dental awareness session was conducted on **12th June 2025** for students of Grades 3 to 5 by Dr. Pranitha K Kangondhi, (Parent of Ananya Vishal Kasal- grade 5), a dentist by profession. The session aimed to educate young learners about the importance of oral hygiene and maintaining healthy dental habits. Dr. Pranitha engaged the students with an interactive presentation, highlighting the correct techniques for brushing and flossing, the role of a balanced diet in dental health, and the need for regular dental check-ups. The session was both informative and engaging, encouraging students to take proactive steps towards maintaining their oral health. The children participated enthusiastically, asking questions and sharing their experiences, making the session a valuable learning experience for all.

We express our heartfelt thanks to Dr. Pranitha, our dedicated parent, for such a fruitful session and engaging session.



INTERNATIONAL DAY OF YOGA

A yoga session in school for students offers numerous benefits, both physical and mental. These sessions typically involve a series of poses, breathing exercises, and mindfulness practices designed to enhance flexibility, strength, and relaxation. The calming environment of a yoga session can provide a break from the academic life, allowing students to return to their studies with renewed focus and energy. Moreover, yoga promotes a healthy lifestyle and can be an inclusive activity that all students, regardless of their fitness level, can participate in and enjoy. On the eve of yoga day approaching, AECS MMPS arranged for a yoga session for students of grade 1, 2 and 5 on 20th June, 2024.

Mr. Ravindra Gaikwad (parent of Briti Gaikwad from grade 1), who has been practicing yoga from the past 7 years as a certified yoga teacher from Yoga Bharati foundation and Ms. Keerthi, (parent of Sikha Shraavya from grade 8) who has been passionately practicing yoga from the past 10yrs and has been into teaching yoga for more than 6 yrs were the esteemed guest for today. The student enjoyed the yoga asanas and performed them with ease. Here are some glimpses of the session.



KARGIL DIWAS

On the occasion of Kargil Diwas, a special session was organized by the AECS Magnolia Maaruti Public School, Bengaluru, on **26th July 2023**, inviting ex-air force personnel who is also a parent of one of the grade 8 students. The session aimed to educate and inspire students about the significance of Kargil Diwas and the bravery exhibited by Indian soldiers during the Kargil conflict.

The session began with introducing the guest speaker Mr. Praveen Cherukupalli, an ex-air force officer with substantial experience in combat situations. Mr. Praveen's involvement in the Kargil conflict added a sense of authenticity and relevance to the session.

Mr. Praveen delivered an informative presentation sharing historical facts and details about the conflict and the significance of Kargil Diwas. He explained the region's strategic importance and the challenges faced by the Indian armed forces during the war. The session's highlight was Mr. Praveen sir's anecdotes and experiences from the war. He shared instances of bravery, dedication, and sacrifices made by his fellow soldiers. Through his stories, he instilled a sense of patriotism and respect for the armed forces among the audience. Students eagerly participated, demonstrating their curiosity about various aspects of the conflict and its aftermath.

The Kargil Diwas session conducted by Mr. Praveen Cherukupalli provided students with a profound understanding of the Kargil conflict and the sacrifices made by Indian soldiers. The session succeeded in instilling a sense of patriotism, respect, and admiration for the armed forces. Such initiatives not only educate students about historical events but also nurture a deep appreciation for the country's defense forces. The session fostered a sense of national pride and gratitude among the younger generation.



PARENTAL SESSION

A FITNESS TRAINING SESSION FOR STUDENTS

Following the guidelines of NCF 2023 and the primary objective of NEP 2020 which emphasizes the need for a holistic approach to education that promotes the overall development of students' physical, emotional, social, and cognitive skill AECS Magnolia Maaruti Public School, Bangalore kick started its new academic session 2023-24 by organising a fitness training program for the students and staff. The fitness training programme an initiative by the Health and Wellness Club of the school was held on **May 31, 2023**, at the school atrium and was a spectacular success. The students and staff had the opportunity to learn useful ways for improving their physical and mental well-being from Mrs. Mansi Dey, a highly experienced and licenced trainer. Mrs. Dey is a certified trainer of Nirvana fitness,

having organised workshops for major organisations like Accenture, Nriyaa Academy, and Nerul Gymkhana Navi Mumbai. Furthermore, she also conducts online classes for people living in different cities. Mrs. Dey concentrated on vital topics such as breathing techniques, body purification, mind-body relaxation, and oxygenation with some soothing music during the session. Students were able to experience the benefits of these practises directly through relaxation exercises, breathing methods, and stretching. Many students reported feeling relaxed, optimistic, and tranquil following the session, showing that the tactics shared were effective.

Overall, the fitness training programme not only taught the practical techniques for improving physical and mental health, but it also fostered a sense of well-being and happiness.



CHARACTER DEVELOPMENT

It is believed that a well-groomed childhood shapes our future. Keeping this in mind, a session on character building and personality development was planned on **26th May 2023** for both parents and teachers. **Dr. Gunda Srinivas** (Paediatric Emergency Specialist and Paediatrician currently associated with Aster RV hospital, JP Nagar), was the the esteemed guest of honour who conducted this session He is also a proud parent of AECS. The session mainly focused on healthy upbringing of children with respect to their food habits and behaviour.

Values

Ingredients of Character Value Based Education

How to develop these?

- Parents and Teachers to make sure to have family syst curriculum help to learn these values.
- Discussion
- Role play
- Story telling
- Dramas
- Real life situation- Debriefing
- Reinforcement

Manage audio and video

In the meeting (96) Mute all

- Paromita Moitra
- Aaliya Alam Attendee
- Aastha Mohapatra Attendee
- Aastha sharma Attendee

Manage audio and video

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- Paromita Moitra
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Moral Values

Moral values are the standards of good and evil, right or wrong which govern an individual's behaviour and choices.